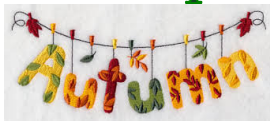


# CHOLLERTON FIRST SCHOOL

## Reception Topic Letter



1<sup>st</sup> Half Autumn Term 2022

Welcome to Class 1. We have all had a very positive start but please remember, if you have any concerns, no matter what they are, please get in touch. We do not want small problems to develop into large ones.

Here is an outline of work for this half term:

Our theme is Healthy Bodies



We will be thinking about how we can keep healthy, foods that are good for us, why exercise and sleep are good for us and generally how we can take care of ourselves and keep safe.



In Personal, Social and Emotional Development, we are thinking about feelings, establishing new routines and becoming confident in Class 1.

In Mathematics we will be doing a lot of sorting and matching. We will also begin an introduction to numbers, counting, ordering, writing and generally becoming familiar with numbers. We will be working with length as well: comparing lengths, longer and shorter than, taller, wider, narrower.

Estimating how many handspans or footsteps are needed to measure different objects

In Physical Development we will be working on use of space, different ways of moving, using small apparatus. In dance we are working on busy bodies.





In **Communication, language and literacy**, we are introducing the basic skills of reading through a personal reading book and by sharing books together. We will introduce words to help us in writing. We will begin sound work. We will share books related to our topic and encourage your child to talk about the books and make sentences related to the topic.

In **Understanding the World** we will be finding out about different foods, sorting them into those that are good for us and those which we enjoy but should not have too many of.

We will also discuss how to take care of ourselves, why it is important to keep clean and discuss what we can put on and in our bodies.

We think about nursing now and in the past. We will learn about Florence Nightingale and the changes she made to help soldiers get better.

We will be planning healthy meals and making fruit salad. We will also make a simple toy for a baby.



In **Expressive Art & Design** We will look carefully at tomatoes. We will draw, paint and make tomatoes from different materials. We will also begin colour mixing using powder paints.



### **Ways to help:**

1. Discuss ways in which you keep healthy.
2. Discuss feelings of being poorly and feeling well.
3. Talk about things you can safely put on your body: clothes, plasters, suntan cream, etc.
4. Talk about things you can put into your body: food, drinks, medicines given to you by a responsible adult.
5. Talk about the meals you are going to have and decide which foods are good for you. Talk about having a balanced diet - remember, we all need treats now and then!
6. Look for colours around your home, especially red, blue and yellow. Look for different shades and tones. Use different names for colours, e.g. red: scarlet, crimson and rose red. Paint charts have lovely ways of describing colours.

7. Count whenever the opportunity arises - both forwards and backwards to ten. Sort things into sets, e.g. washing, cutlery, objects which belong to different members of the family.
8. Look for long, short, tall, wide, narrow, big and small objects. Encourage your child to use the correct language.
9. Please continue to share a story with your child and make this a special regular daily event.
10. Each week you will receive a sound card in your child's reading packet. Please talk about or make collections of objects which begin with that sound, e.g. "c" - cat, carrot, car .....

All of these activities are designed to take a little of your time and to reinforce what is happening in school.

If you have any queries, please contact us.

Thank you for all your help and efforts. The benefits are definitely seen in your child's learning.

Yours sincerely

Hazel Davey