## Autumn 2 2023 Class 2



# RE Why does Christmas matter to Christians?

We will learn about the first Christmas and why Christmas is important to Christians.

Diwali Children will learn about the Hindu festival of light.

#### Music, drama and art.

This half term, we will be learning to sing new songs and developing our drama skills in preparation for our Christmas Nativity.

Our art activities will be based on Christmas themes - advent calendar, Christmas cards and a 2024 calendar.

### History

KS2 Children will complete their work on the Romans and take part in a Virtual Hadrian's Wall Focus day with The Great North Museum: Hancock, Newcastle University, The Northumberland National Park, Segedunum and Arbeia Roman Forts and Vindolanda.

## Geography

#### What is it like here?

Year 2 Children will locate features on an aerial photograph of the school and know the name of the country and village, town or city in which they live. They will make a map of the classroom using objects to represent the distance and direction of features in the classroom. Children will recognise four features in the school grounds using a map. They will explain how they feel about three areas of the playground and find out how others feel by looking at the results of a survey.

Finally, children will draw a design to improve three areas of the playground using the results from the survey.

### Design and Technology

#### Year 2 Cooking and Nutrition: Balanced Diet

Children will learn about a balanced diet. They will be able to name the main food groups and identify foods that belong to each group. Children will describe the taste, feel and smell of a given food. They will think of three different wrap ideas, considering flavour combinations. Finally, they will construct a wrap that meets the design brief and their plan. Children will learn how to chop, grate, snip and spread to prepare foods for their wrap.

# KS2 Cooking and Nutrition: Eating seasonally

Children will be able to explain that fruits and vegetables grow in different countries based on their climates. They will understand that seasonal fruits and vegetables grow in a given season and that eating seasonal fruit and vegetables positively affects the environment. Children will design and make a tart recipe using seasonal ingredients. They will learn how to cut and peel safely.

#### **PSHE**

### Year 2 - Health and wellbeing

Children will use multiple colours in a diagram to show how they can feel more than one emotion at a time. They will describe how they would feel in a particular situation and understand that not everyone feels the same. Children will understand the effect of physical activity on their body and mind and describe energetic physical activities that they enjoy.

They will describe the positive effects of relaxation and know there are different ways to relax, such as how to use breathing exercises to relax. They will recognise and describe what they are good at and what skills they would like to develop. Children will create a complete ladder detailing achievable steps which work towards a goal. They will explain what a growth mindset is and learn some strategies to stay calm during tricky challenges.

Children will explain that a healthy diet is when we eat a balance of the right foods, describing some consequences that may arise from poor diet choices. They will state what ingredients they can see on a dish and compare them with the food pyramid. They will understand what helps to keep teeth healthy.

# Year 3 and Year 4 - Health and wellbeing

Children will understand and plan for a healthy lifestyle including physical activity, rest and diet. They will learn what a balanced diet is and that what they eat affects their mood and behaviour, understanding that they need more energy from food when they are more energetic. They will understand the benefits of healthy eating and dental health. Children will learn about simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests. They will understand that mental wellbeing is a normal part of daily life, in the same way as physical health. Children will learn how and

where to access help and support if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online). They will identify their own strengths and begin to see how they can affect others. Children will learn strategies to develop a growth mindset and understand that mistakes are useful. Children will begin to identify what is important to them and ways to take responsibility for their own happiness, such as realising that they can control some things but not others.

#### PE

This half term, the children will develop their dance skills with specialist PE teacher, Mrs Lee-Turner.

After-school club will focus on developing fitness.

Year 3 and 4 will also attend a skipping festival at the Wentworth Centre.