

Grow & Learn Outdoors - Programme Overview



School/Setting: Chollerton C of E First School	Ages: Pre-school, Reception, Year 1, Year 2		
Date: Autumn 2019	Timing: 9.30am-11.50am		
Forest school Leader: Anna Gray			

Programme Learning Aims & Outcomes:

To become confident in the outdoor woodland area.

To know the Forest School rules and to be able to assess risk safely.

To develop an understanding and respect of their natural surroundings.

To be able to work well as a team and individually.

To be able to look closely at similarities, differences, patterns and change.

To be able to talk about features of their own environment and how places might vary from one another.

To be able to make observations of animals and plants & explain why some things occur.

To observe changes across the 4 seasons and describe the associated weather and day length variations.

To identify, name & describe the basic structure of a variety of common wild & garden plants, including deciduous & evergreen trees.

To identify & name a variety of common animals and understand the terms carnivore, herbivore & omnivore.

To use their own experiences and stories they've heard to make up their own stories.

To be able to travel with confidence and skill around, under, over and through balancing and climbing equipment.

To use simple tools to effect changes to materials.

To handles tools, objects, construction and malleable materials safely and with increasing control.

To show good control and co-ordination in large and small movements and to move confidently in a range of ways, safely negotiating space.

To be able to handle equipment and tools effectively.

To show an understanding of the need for safety when tackling new challenges, and consider and manage some risks.

To be able to transport and store equipment safely.

To master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

Bad weather plans: Sessions will be cancelled if it's too windy. Children have water proofs etc. so sessions will go ahead in the rain. Children informed of the correct clothes to wear to keep warm and in the sun. Long sleeves and trousers and strong footwear at all times and hats in sunny weather.

Below is a brief outline of the focus and activities of each session. However, following the ethos of Forest School and early years teaching, the content may change depending on the needs & interests of the children and changes in weather. For the children to get the most out of these sessions we will be flexible e.g. snow, rain activities will take precedence when these weathers occur.

Date	Activities Planned	Resources
	This term they will be shown a variety of activities that they could do and they can choose	
	which ones and when to do them. This should help to make the sessions a little more free flow	
	and allow children to spend as long or as little time as they want on an activity without feeling	
	that they are being moved on.	

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		Clay						
	Getting to know and looking after local animals							
	Arrival: Explore the woods. What has changed?	Hot chocolate						
	Introduction: talk about squirrels that store nuts for the winter and have to remember where	Cups						
	they are. Can the children collect 5-20 pinecones and find somewhere to store them. Can they	Hot water						
	remember where they were kept? At the end of the session we will look for them again. Talk	blindfolds						
	about how bats get around – echolocation. Play bats and moths.							
	Main Activities:							
	Making clay animals							
	Building the bug hotel							
	Hot chocolate							
0	Review: Talking stick							
13.09.19	Evaluation							
	Getting to know and looking after local animals	Wood						
	Arrival: Can they find their squirrel stash from last week? Collecting fire wood. Explore the	Pens						
	woods looking for clues that different animals live here.	Hammers Nails						
	Introduction: what animal am I? Go on an ant walk (leaders find something interesting and	Spades/						
	passes it down the line then goes to the back to meet it).	trowels						
	Main Activities:	Id cards						
		What am i?						
	What do animals like/need in the winter? Make piles of leaves and sticks in sheltered areas for							
	animals to hibernate in.							
	Making labels for the woods area - bug hotel, digging area, camp, peaceful area etc.							
	Making labels for different animals - information and pictures							
	Using the peelers	water						
	Marshmallow sandwiches							
0	Review: Talking stick							
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27.09.1	Evaluaton							
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	Reduce, Reuse, Recycle	Material						
	Arrival: can they still find their squirrel stash?	10 unnatural						
	Introduction: observation walk - can they spot 10 things that don't belong in the woods?	things						
	Memorise them. Talk about litter and how it can damage the animals/plants. Collecting anything	wood						
	in the woods that shouldn't be there.	hammers nails pipe cleaners						
	Main Activities:							
	Using wood offcuts to make name plaques, bird feeders or anything else they can think of.							
	Recycling leaves to make pipe-cleaner hedgehogs. Using old material to leaf print/ dye using							
19	natural dye (blackberries, elder berries, turmeric etc)							
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/1(Fill in the outline of the reuse, reduce and recycle sign with leaves.							
04/10/19	Cinnamon apple							
	Review: Talking stick							

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	Evaluation						
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	Remembrance						
	Arrival: col	lecting sticks of a good length for den building and also short ones for whittling. Make	Hot				
	2 piles. Introduction: read 'Where the Poppies now grow.' What is remembrance day? We're remembering and saying thank you to the soldiers.						
	Main Activities:						
	Making a re	membrance/thank you corner:	poppies now				
	Poppies L	eaf poppy pictures Dream catchers	grow willow				
	Hot chocola	te	wool				
0	Review: Ta	king stick					
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11	ua†i						
08/11/19	Evaluation						
		Describe	Clean Plastic				
		===-	bottles old tin				
		,					
		,	cans bird				
		-	seed pictures of objects				
	1	Decorating old bottles and tin cans to make wind chimes					
	Continue with Using old material to leaf print/ dye using natural dye (blackberries, elder						
	berries, turmeric etc)						
		d bottles - snake mobiles and bird feeders					
	soup						
19	Review: Talking stick						
22/11/19	ion						
/1	Evaluation						
22	Eva						
	Dress a tre		Molly mouse's				
	Arrival:						
		, ,	trowels wool willow bunting				
			pipecleaners				
			wood cookies				
	Pizza wraps		pens				
_	Paview: Talking stick						
06/12/19		The street of th					
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5/1	Evaluation						
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