

# CHOLLERTON FIRST SCHOOL

## Year 1 Topic Letter



### 1<sup>st</sup> Half Autumn Term 2022

Welcome back to Class 1. We have all had a very positive start but please remember, if you have any concerns, no matter what they are, please get in touch. We do not want small problems to develop into large ones.

Here is an outline of work for this half term:



Our topic for this half term is Healthy Bodies

We will be thinking about how we can keep healthy, foods that are good for us, why exercise and sleep are good for us and generally how we can take care of ourselves and keep safe.



In Personal, Social and Emotional Development, we are thinking about; my body, my business, active sleep, healthy food, keeping clean, what is safe to put on and in our bodies and making choices.



In English we will be ordering texts, sequencing the events that take place and predicting what might happen next.

Texts we will cover are; floppy's bath, Grandpa's handkerchief, George Grubb, Spots and The Sandwich that Max made.

The children will bring home a spelling book on a Monday, they will have worked on a pattern and one word of the week.

Encourage your child to look at these patterns and reinforce them, magnetic letters are great for this activity.

We will revisit spellings on Thursday when we have an informal spelling test.

Please continue to support your child with regular reading sessions, decoding the text but also discussing what happened, did your child think that was going to happen? What could happen next?



In **Maths** we are working on number order.

What comes before and after different numbers.

We will work on sorting, counting objects, representing objects, recognising numbers as words, count on from any number; 1 more, 1 less, count backwards, fewer, more, the same, less than, greater than, equal to and comparing numbers.

In length we will be ordering different lengths, developing the concept of a standard unit of measure. We will then introduce metres and centimetres.

In **Science**, we are thinking about our bodies - naming different parts, making comparison between humans and other animals.

We will consider how we can sort animals in different ways.

We will consider food groups and a balanced diet.



In **History** we will think about the development of nursing. In particular we will look at Florence Nightingale and the changes she made to help people recover.

In **Geography** we will think about where different foods come from, grown locally in this country or abroad.



In **P.E.** we are dancing, 'Busy Bodies' - dances from around the world.

We welcome our P.E. specialist; Becky who will be working on agility, balance and co-ordination.

In **Technology** we will look at baby toys. Then we will design a toy with moving parts for a baby - whoozit cube.

We will also make fruit salad reinforcing our work on healthy eating and how we can care for our bodies.

In **Art** we will study tomatoes representing them in pastels, paints and collage.



Please support your child by discussing the above topics, reading with them and encouraging them to learn their spellings.



### Ways to help:

1. Discuss ways in which you keep healthy.
2. Discuss feelings of being poorly and feeling well.
3. Talk about things you can safely put on your body: clothes, plasters, suntan cream, etc.
4. Talk about things you can put into your body: food, drinks, medicines given to you by a responsible adult.
5. Talk about the meals you are going to have and decide which foods are good for you. Talk about having a balanced diet - remember, we all need treats now and then!
6. Look for colours around your home, especially red, blue and yellow. Look for different shades and tones. Use different names for colours, e.g. red: scarlet, crimson and rose red. Paint charts have lovely ways of describing colours.
7. Practise the weekly spellings and word of the week.
8. Continue to read regularly.

All of these activities are designed to take a little of your time and to reinforce what is happening in school.

If you have any queries, please contact us.

Thank you for all your help and efforts. The benefits are definitely seen in your child's learning.

Yours sincerely

Hazel Davey