

### **Chollerton First School – PE Long Term Plan 2025-2026**

	Autumn 1		Autumn 2		Spring 1	Spring 2	Summer 1	Summer 2
Physical Literacy Strand	Think	Move	Move	Connect	Think / Move	Move/Think	Think/ Move	Feel
Class 1	OAA- Team Building	Ball Skills	Multi-s kills	Dance	Gymnastics	Health and Well Being	Athletics	Striking and Fielding Games
Class 2	OAA- problem solving	Tag Rugby	Multi-s kills	Dance	Gymnastics	Health and Wellbeing	Athletics	Striking and Fielding Games
After School	Football		Multi-sports		Fitness	Netball	Golf	Cricket

#### Physical Literacy Strands:

<b>Autumn 1</b> Think – Decision making, problem solving and creative thinking Move - Principles of attack and defence through ball games Move - Movement competence	<b>Spring 1</b> Think- evaluation and reflection Move- application of compositional ideas	<b>Summer 1</b> Think- evaluation, analysis and reflection Move- performance and competition
<b>Autumn 2</b> Move- Performance and competition Connect- Teamwork and leadership	<b>Spring 2</b> Move: physical fitness Think- knowledge of healthy active living	<b>Summer 2</b> Feel- Engagement and Enjoyment